

**HANDBOOK
FOR
PRO SANCTITY
BOARDS
AND
COMMITTED MEMBERS**



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We dedicate the Pro Sanctity Handbook and the work of the Movement and all its members to Our Lady of Trust.



**Patroness of the Pro Sanctity Movement:
Our Lady of Trust**

O Immaculate Heart of Mary, true model of every holiness, give trust to become saints.

Bishop Giaquinta

HISTORY OF OUR LADY OF TRUST

- The picture of Our Lady of Confidence was painted by the great Italian painter **Carlo Maratta** (1625-1713) who was knighted by **Pope Clement XI in 1704** and made court painter by **Louis XIV the same year**.
- Maratta gave the picture to a noblewoman, **Clair Isabella Fornari** (June 25 1697-December 9, 1744), the Abbess of the Convent of Poor Claires of St. Francis in the city of Todi.
- The Abbess – today the Venerable Sister Clair Isabel Fornari – embraced a life of severe penance and was favored with many mystical graces. She had a great devotion to sacred images, especially those of Mary. She treasured the picture Maratta gave her and would meditate on it during her prayer time.
- Our Lady promised Sister Clair that she would give special graces to all those throughout the ages who would venerate the image of our Lady of Trust. “My Heavenly Mother assured me,” said the Abbess, “that she **would give a special tenderness** and devotion toward her to everyone who contemplated this image” (the original and copies).
- Sister Clair advised her spiritual director, Father Gazali, to take the picture with him whenever he traveled. Father Gazali always **found a great sense of peace and consolation** from it. He kept the picture until his death (July 29, 1762). After this, his possessions, including the image, were given to the Sisters of the Monastery of St. Francis of **Todi** where they are today.
- In the Major Seminary in Rome there is an identical picture of our Lady of Confidence. How can this be? Sister Clair had another spiritual advisor, Father Crivelli, who was the spiritual director of the German College in Rome. While visiting Foligno, Father Crivelli became seriously sick, but was suddenly healed as soon as Sister sent him the original painting. He was so moved by this healing that he wanted a copy of the image, which he took to Rome and then to the local seminary. From this simple beginning the devotion spread so that by the 1830’s Our Lady of Trust had become the patroness of the Major Seminary in Rome.
- Our Lady of Trust protected the seminarians in times of crisis. **In 1837**, the scourge of Asiatic flu claimed many lives. The seminarians and their families were put under the protection of Mary; not one of them contracted the disease! In thanksgiving, two crowns were fashioned in gold and placed on the images of Mary and the Child Jesus.
- During World War I, more than 100 seminarians were forced into the Italian military. The seminarians placed themselves under the special care of Mary of Trust. They all returned home safely. To repay the goodness of their Queen, the seminarians put diadems on the crowns of Mother and Child!
- The devotion to Our Lady of Trust has spread worldwide. The Feast of the Immaculate Heart of Our Lady of Trust is celebrated on the Saturday or Sunday before Ash Wednesday.

- Bishop Giaquinta, who studied in the Major Seminary in Rome, had a great devotion to Our Lady of Trust. He chose her as patroness of both the Apostolic Oblates and the Pro Sanctity Movement. Bishop Giaquinta had a painter repaint the image with the finger of Jesus pointing to Mary's heart.
- The Pro Sanctity Family - Priests, Sodales, Apostolic Oblates, Cooperatives, Social Animators, and members of the Movement - love our Lady of Trust very much and foster devotion toward her.
- In 1973, when Pro Sanctity reached Omaha, Msgr. Peter Dunne was introduced to Our Lady of Trust. In 1974, when the first Bethany was opened, an image of Mary of Trust was placed in the Chapel. The sculptor, Mike Montag, has sculptured the first statue of our Lady of Trust. The future Chapel in Elkhorn, NE will be dedicated to Our Lady of Trust, as Msgr. Peter Dunne has suggested!

PRAYER TO OUR LADY OF TRUST

Drawn by the need of your help in the many trials that engulf us in this life, we come to your feet, O Virgin of Trust, to pour out to the heart of a mother our wishes and failings.

Although it is our duty to strive for perfection, it is also true that our mortal body makes the path difficult, and the enemies of our soul cease not from their attacks, while everywhere we are enticed to leave the difficult and straight way known by only a few travelers.

And all the while, our suffering along the way, our own interior weakness and temptations press heavily to torment us and produce in our souls a feeling of faintness and sadness, which means only one thing: distrust, in ourselves, in our ideal, in the means to attain it.

But your motherly look, which follows us, and your Immaculate Heart, which your Son points out to us, open our souls to a new feeling – the assurance of your help. And we want it, O Mary. We ask it of you, we beg for it, O loving Mother.

When sin entices us, stay with us and be our strength. When mediocrity absorbs us, do not leave us. When the ascent to the perfection of the Father leaves us weary, whisper a word of help, O Mary – trust!

If we will listen to this word of yours, the way will be easier, the goal closer, and our confidence more certain that we shall reach sanctity.

So repeat this word often – trust. Repeat it to us and to everybody, O Mary, because all people must become saints. Amen.

Bishop William Giaquinta

Section I

What is the Pro Sanctity Movement?

Introduction – The Foundation of Holiness

Section I presents the foundation of holiness upon which Pro Sanctity is built. It includes a brief history of the movement and biography of its founder, Bishop William Giaquinta. The Pro Sanctity Creed and Prayer, which he wrote, express the beliefs and spiritual goals of its members.

A Call to Holiness in Daily Life...

The shortest and simplest definition of the Pro Sanctity Movement is exactly that – a call to holiness in daily life. It is a worldwide movement organized to promote the universal call to holiness and to offer all people the spiritual means to respond to this call. The Pro Sanctity Movement, founded in Italy in 1947 by Bishop William Giaquinta, is composed of lay people of all ages, consecrated people and priests.

Our Founder: Servant of God, Bishop William Giaquinta

Bishop William Giaquinta was born in Noto, Italy on June 25, 1914. He was ordained a priest on March 18, 1939. In 1947, he founded the Pro Sanctity Movement , and later founded the Institute of Apostolic Oblates (for lay women), the Institute of Apostolic Sodales (for diocesan priests), and the Ecclesial Organization of Social Animators (for lay men). He served as a priest of the Diocese of Rome, where he was Secretary of the Vicariate of Rome from 1948 to 1968. On November 1, 1968, he was consecrated a bishop by Cardinal Angelo Dell'Acqua in the Basilica of St. Andrea della Valle and charged with the pastoral care of the Diocese of Tivoli, just outside Rome. Bishop Giaquinta was very involved in the work of the Italian Episcopal Conference until 1984. Due to poor health, he retired in 1987 and died in Rome on June 15, 1994.

In the early years of his priesthood, Bishop Giaquinta began to teach that all people are called to become saints — this is the Universal Call to Holiness. This teaching grew and developed over time, and his passionate desire to draw all people to the love of God prompted many men and women to follow him in the apostolate of interior life and holiness. Bishop Giaquinta is the loving father of two secular institutes: the Institute of Apostolic Oblates and the Institute of Apostolic Sodales. He also founded four ecclesial groups: the Priestly Movement, based on the spirituality of the Cenacle; the Social Animators (for laymen); the Association for Social Brotherhood (for laymen and laywomen) and the Pro Sanctity Movement (open to all people), which has centers in Italy, Belgium, Malta, India, the United States and Eastern Europe.

Bishop Giaquinta's teaching of the Universal Call to Holiness was confirmed by the Magisterium of the Church when the Second Vatican Council documented this teaching in the fifth chapter of the Dogmatic Constitution On The Church, *Lumen Gentium*.

Bishop Giaquinta wrote numerous books and articles on spirituality, as well as many poems, songs and prayers. He was an untiring preacher and teacher, conducting many retreats and spiritual exercises for both the clergy and the laity. His words touched the hearts and minds of many. In his tremendous devotion to Our Lady of Trust, Bishop Giaquinta believed that it would be through her intercession that the world would learn of and respond to God's call to holiness. On March 17, 2004 the Congregation for the Causes of the Saints designated Bishop Giaquinta as "Servant of God".

The Pro Sanctity Mission Statement

The Pro Sanctity Movement is a Catholic-based organization dedicated to promoting the universal call to holiness.

It seeks to address the needs of the mind with theology, the heart with spirituality, and the hands with ministry.

It is open to all; especially those who wish to deepen their commitment to God and share with others the message of holiness.

Definition and Scope

Pro Sanctity is an organized movement of spirituality that wishes to:

1. spread the principle that all men and women are called to sanctity.
2. promote the apostolate of the interior life.
3. form specific means for spiritual formation.
4. raise men and women with the capacity to become witnesses and apostles of the message of love and holiness of Christ.

Basic Principles

Pro Sanctity's theological and spiritual foundation is built upon the following principles:

1. God who is love, loves us to the maximum (1 John 4:16).
2. He desires our total response in love for him and for each other (John 13:34).
3. We must respond with unconditional love for him and for each other (Mt. 5:48).
4. The call is universal: All the faithful of whatever state, are called to holiness (*Lumen Gentium*, Chapter V).
5. We are called to live with an extraordinary measure of love in the ordinary days of our daily life.
6. The saint is the one who believes in the love of God, listens to the invitation of Christ and the exhortation of the Church to love and to be holy. (*Bishop Giaquinta*)

Pro Sanctity Spirituality

What do Pro Sanctity Members believe?

The Founder of the Pro Sanctity Movement put the spirituality of the movement down in a simple Creed composed of six statements, so that everyone could know and apply it to their lives easily. All Pro Sanctity Members, first and foremost, Local Board Members, must know and understand the Pro Sanctity Creed. The Creed should be a focus of formation, of deepening spirituality and should apply to the members' daily lives.

Pro Sanctity Creed

Bishop William Giaquinta

“Try to retain and treasure in your memory the Creed of the Pro Sanctity Movement. It is the summary of all the most relevant points so basic to the Pro Sanctity Spirituality, points that form the doctrinal ground of the Movement. Just as in all the branches are contained potentially even the smallest mustard seed, so the Creed, in its brief statements, contains the whole of the Pro Sanctity Spirituality.”

(Adapted from St. Cyril of Jerusalem)

1. I believe in you, Father, God of love, whose love for us is infinite and who asks of us, in turn, a response of total love.
2. I thank you for your Son, Jesus Christ, Eternal Word made flesh, and our brother, who with his life-death-resurrection has not only saved us, but has made us new human beings.
3. Give us the Spirit of love to guide us in living out your message, form in us the image of your Son and grant us the courage to extend to all your invitation to holiness.
4. May the Holy Church, Bride of the Lamb, and our Mother, be for us a living source of transforming grace, which we draw abundantly from the sacraments given to us by the Apostles, your ministers. Grant that in her we may pursue our call to holiness and become light for all people.
5. Let your word be for us and for all an invitation to bring about your universal plan of love to form new families in a new world where all shall live as brothers and sisters in Christ.
6. May Mary, your Mother and ours, assist us; may your Saints, our models who have gone before us on the path of love, be our companions. Amen.

The Pro Sanctity Prayer

Bishop William Giaquinta

The essence of the Pro Sanctity Movement is expressed in the petition at the end of the prayer – “Give us...the trust to attain holiness with the help of Mary....” This is why the prayer is special to the Movement and is to be said every day by all Pro Sanctity Members.

Jesus, Divine Master, who came down from heaven
to give us the abundance of grace,
increase it within us and make it become a river
that overflows into eternal life.

Of your free will, you chose the agony of your passion and death,
and in the Eucharist you give yourself as food for all people – help us to understand the
greatness of such an example.

May the fire of your love burn away the impurities of our human weakness,
and give us the strength to follow your invitation to the infinite perfection of the Father.

Of faith, give us firmness; of charity, zeal; of hope, firm certainty.
Give us the desire to be heroic in every virtue,
and the trust to attain holiness with the help of Mary,
your mother and our mother. Amen.

Section II

Membership and Structure

Introduction – A Strong House Built on a Clear Structure

Section II describes who we are, how to become a member, the various levels of membership, and the overall organization of the movement.

Who Can Be a Member?

The laity, priests and consecrated who commit themselves to live the message and to spread the Pro Sanctity Movement on a personal level are considered Friends and General Members of the Movement. Those who live and spread the Movement on an organizational level are Committed Members.

1. **To you who suffer:** do not feel yourself to be useless, but recognize that you are a living member of the suffering body of Christ for the salvation of the world.
2. **To you who work:** transform social structures into instruments of holiness.
3. **To you who are young:** work to build up the world in the ways of love.
4. **To you who are priests:** inflame in men and women of today a desire for holiness. Promote brotherhood among fellow priests and unity with your Bishop.
5. **To you who are consecrated with vows:** give to others the fruit of your contemplation of your Spouse, Jesus.
6. **To you who are married:** live your union in the holiness of God through the foundation of a family, which will be a community of love.
7. **To everybody:** do not disappoint the expectations of God who wishes you to be holy and a worker for holiness.

Types of Membership

Once a year members are invited to renew their membership or join Pro Sanctity. This can be done at any time throughout the year, but for the sake of organization, it is good to have a designated Membership Month and an annual Membership Commitment Mass. Members are asked to indicate where they feel “called” to be involved in the Movement. This can always change according to their needs and circumstances, and certainly according to what the Lord is asking of them.

1. Friends of the Movement

Those who share our ideal in spirit, who have not yet become actively involved in the work of the Movement or who cannot attend very often.

2. General Members

Those who strive to do what they can to promote the call to holiness on a personal level and participate in the activities of the Pro Sanctity Movement.

3. Committed Members

Those who directly organize and take leadership roles in promoting the Pro Sanctity Movement. The possibilities here range over a wide area and essentially are determined by the gifts and talents (not to exclude washing the dishes) of the individual.

4. Members with Promises or Vows

Those who have taken vows or promises as lay persons in the Pro Sanctity Family to animate the Movement and its structures. They are primarily the Apostolic Oblates, Cooperatives (within the Institute of the Apostolic Oblates), Apostolic Sodales, and Social Animators.

5. Praying and Suffering Members

Those who commit to praying the Pro Sanctity prayer daily and/or offer their suffering for the Movement and the intentions of the Church. These members see prayer and the offering of their suffering as their primary ministry.

6. Priest Friends of the Movement

Priests who assist the members and support the apostolic activities of the Movement in practical ways.

Responsibilities of Membership

1. Doing one's utmost to spread the universal call to holiness among everybody, everywhere and with every means, and offering specific help for others' personal, communal and social journey towards the perfection of the Father.
2. Participating in Pro Sanctity activities and inviting others to attend and journey in holiness.
3. Saying the Pro Sanctity Prayer (See Section I - Pro Sanctity Spirituality) every day.
4. Supporting the local center financially by an offering of annual dues and, where possible, additional donations.
5. Wearing the Pro Sanctity membership pin, not only at Pro Sanctity activities, but also as often as possible at the activities of your daily life.

The Pro Sanctity Membership Pin with Logo

This pin is given to all members and very often it is given out during the Annual Membership Mass. It can be ordered through the International Pro Sanctity Center in Rome.

Christ, heart of the world, is the center of history. The Cross gives birth to a new world of ALL SAINTS, ALL BROTHERS AND SISTERS. Let us build together a civilization of sanctity and fraternity.



The colors of the Pin with the Logo on it are blue and gold.

BLUE: expression of divinity that pervades all humanity.

GOLD: the glory of God and the splendor of man and woman called to holiness.

Structure of the Movement

The Pro Sanctity Movement has a strong, clear structure and organization. Pro Sanctity Members are more than just a nice group of pious people trying to be holy, although that is what we are trying to do, but there is more. Pro Sanctity is a whole family of people trying to be holy, who within a well-developed organization can reach many people and assist them to respond to their call to holiness. Alone we can do very little; united and organized we have the strength to go out to the whole world as our Lord desired (Mt. 28:19) and create a culture for holiness. The Pro Sanctity Founder invites members to dream of a utopia of saints, a world where EVERYONE is striving to live holiness personally, as families and as cultures.

The Movement is structured in national groupings, which embrace Local Centers generally coinciding with the Diocese. Each National Group has a National Director and a National Board; each Local Center has a Local Director with a Board.

The Local Board, as well as the National Board, live by the official *Pro Sanctity Charter**, which is approved by the Church.

**The Charter is currently in revision at the International level in Rome, but when it is finished it will be included in the handbook. Until then, the Pro Sanctity Handbook is an official document of the Movement and will take its place until the Charter is revised. The handbook is faithful to the contents of the Charter. (See Section VII - Establishment)*

Section III

What Do Pro Sanctity Members Do?

Introduction – The Possibilities Are Endless

Section III lists some of the many gatherings, activities and meetings in which Pro Sanctity Members may participate. It also highlights and explains the Pro Sanctity Decalogue (10 rules for living a holy life) written by Bishop Giaquinta.

Gatherings and Activities

The Pro Sanctity Movement has regular gatherings, meetings and activities for its members and friends. Some of these are:

Organized Meetings and Gatherings through the Local Center

- Assemblies and conventions
- Community Celebrations of Prayer and Liturgy
- Core Groups for holiness
- Retreats, mini-retreats, days of recollection
- Formation opportunities
- Activities for all ages – some designed for specific groups such as children, teens, young married couples, and senior members
- Social and fundraising events

Personal Meetings and Gatherings

- Small groups for children (Festivals of Faith), youth (Choices), seniors (bus trips), married couples (sharing experiences of holiness in their lives), etc.
- Meetings for planning new, or revitalizing ongoing, activities of the Movement
- Gatherings may be at a Center, in homes, apartments, parishes, chatting over dinner or coffee – Pro Sanctity meetings can happen anywhere!

Pro Sanctity Decalogue *By Bishop Giaquinta*

1. Strive for perfection.
2. Develop your prayer life.
3. Foster your sacramental life.
4. Be faithful to the teachings of the Holy Father.
5. Offer the Pro Sanctity Prayer daily.
6. Offer your sufferings in union with Jesus Crucified for the holiness of all persons,
7. Each week offer Mass and Communion for the holiness of priests.
8. Give time to the apostolate of the Pro Sanctity Movement.
9. Aid the apostolate for holiness financially.
10. Invoke Our Blessed Mother to help you live and spread God's call to holiness

Pro Sanctity Decalogue Explained

One of the tasks of the Local Board (See Section IV) is to personalize the points of the Pro Sanctity Decalogue. The following is a sample of how that could be done.

1. Strive for holiness.

Surround yourself with positive examples and friends working toward holiness; examine your conscience daily; look over your day in the morning so that you can be prepared and pray in particular...especially for challenges; work to build virtue.

2. Develop your prayer life.

Decide to do something by preparing and focusing – really pause so that you are doing more than just checking off the next thing on a list. Pray a morning offering; schedule prayer into your day; use time wisely - driving, moments you are waiting, etc; have the perspective that you are building a relationship; be honest and consistent; have a goal or direction – but then be flexible; study the masters - the saints; pray the whole day; ask to see God's presence in your day;

3. Foster your sacramental life.

Schedule confession regularly; find a regular confessor; receive communion frequently; be attentive and work to fully participate at Mass; renew your Baptismal and Confirmation Promises; use holy water, the sign of the cross; pray for the gifts of the Spirit; pray for a "Grace of the Week"; strive to live your vocation and rely on the grace of the sacraments.

4. Be faithful to the teaching of the Holy Father.

Read his writings; work to understand his teachings - be proactive in educating yourself; facilitate or participate in discussion groups about his writings; use his writings for meditations; pray for him and his intentions; subscribe to ZENIT. (A website at www.zenit.org that provides articles and speeches by the pope and other Vatican officials. It is free and available in six languages.)

5. Offer the Pro Sanctity Prayer daily.

Choose a certain time to pray each day so it becomes a habit; remember the prayer throughout the day; keep the holiness of all as an intention in your heart.

6. Offer your sufferings with Jesus Crucified for the holiness of all persons.

Learn to unite the little sufferings of daily life to Jesus; look to Jesus as an example in suffering; strive to offer your sufferings...not "wasting" any. Choose the attitude of Christ; ask: "do I accept God's grace and will?" Pray daily and ask the Holy Spirit for help.

7. Each week offer Mass and Communion for the holiness of priests.

Cultivate in your heart a love for the priesthood; understand the identity and role of the priest; choose a particular day to offer Mass and Communion (making it easier to become a habit).

8. Give time to help the Pro Sanctity Movement carry out the apostolate of holiness.

Keep up to date on Pro Sanctity events via Pro Sanctity publications and newsletters; your Local Catholic radio; read your local Catholic Newspaper; check the web site

(www.prosanctity.org) regularly; stop at the retreat center to volunteer; invite one person each time you come; participate in the formation opportunities that Pro Sanctity offers; immerse yourself in the theology and spirituality of the Pro Sanctity Movement - then let it bubble out naturally; grow in holiness and see how it attracts others; offer ideas when you attend Pro Sanctity gatherings, activities and meetings.

9. Sustain the apostolate for holiness financially.

Be aware of the needs of the Movement; consider what you can give; offer a little sacrifice and give what you save; renew your membership; remember - what we have is God's and we are only stewards.

10. Ask our Blessed Mother to help you live and spread God's call to holiness.

Develop a devotion to Our Lady of Trust; pray the rosary; meditate on Mary's presence, particularly in the Gospels; ask for her intercession; ask Mary for a heart like hers; meditate on her virtues and strive to incorporate them into your life; always entrust yourself to her care, but especially in times of temptation; give special attention to Marian celebrations.

Section IV

Local and Extended Boards

Introduction – Who We Are and What We Do

Section IV explains what it means to be a board member as reflected in one's personal life. It outlines officers' specific board responsibilities, general responsibilities as representatives of the Movement, and in the dual roles of presenter and listener at meetings and gatherings. The makeup and role of the Extended Board, and meetings of both boards, are discussed.

Who Are the Members of the Local Board?

Director – He/She is appointed by the National Director. The Director has the primary responsibility over the Local Board and the formation, development and spreading of the Movement and its members. He/she, however, will rely on the collaboration of the other members of the Board and seek advice from the National Council. He/she is responsible for public relations with public authorities and keeps contact with the various ecclesial authorities. The Director should avoid making decisions contrary to those of the rest of the Board and the Center, especially when such decisions have been unanimously agreed upon. He/she implements decisions determined by an absolute majority of all votes.

Spiritual Advisor – He is a priest and has the 3-fold task of: (1) Spiritual formation of the members of the Board (2) Directing the Board according to the Church's teaching (3) Seeing to public relations with Church authorities.

Secretary – He/She provides for the organizational life of the Movement. Takes minutes of meetings, types and sends out the agenda, maintains the general calendar, corresponds with other centers, and provides other needed help.

Treasurer – He/She is responsible for the financial accounts of the Movement. The treasurer will also assist in raising funds necessary for the life of the Movement. He/She is assisted by a financial committee.

Counselors – The role of the local counselors is to be supportive of the activities of the Local Center, provide suggestions at the organizational meetings, be involved in and promote the spiritual activities of the Movement in whatever manner possible. There are usually two or at the most three Counselors, and they should be representative of the Movement's members in the local area. For example, if there is a large group of seniors, there should be a Counselor who is a senior. If there is a large rural or urban contingent, then a member should represent them. Counselors, however, should represent only large groups, not every small group that exists.

Spiritual Principles for Local Board Members

Principle 1: Board members pray for the growth and development of the Movement every day!

Principle 2: Board members are faithful to the Church (teachings of the Pope and Hierarchy) and their commitments to the Church. This means they attend Mass weekly, at least, and receive the Sacraments regularly.

Principle 3: Board members are in good standing in their parish and try in every way possible to be supportive.

Principle 4: Board members take time for their own Pro Sanctity formation. They spend time on it during each Board meeting and make at least one annual formation retreat.

Who Are the Members of the Extended Board?

The Extended Board is open to all Pro Sanctity Members and consists of core group and committee members who are permanently on a standing committee such as: Newsletter, Festivals of Faith, Financial, Retreat Committee, Senior Adults, Public Relations, Formation, etc. They attend the Extended Board Meetings unless the Director invites them to a Local Board Meeting for a particular reason.

Board Meetings

The Local Board Meeting brings together the Director, Spiritual Advisor, Secretary, Treasurer, and Counselors on a monthly basis. The Local Board oversees the formation, development, and spreading of the Movement and organizes the most important celebrations such as The Universal Day of Sanctification (November 1st) and the Membership Renewal Mass. It oversees all core groups (small groups organized for an ongoing purpose, such as Bible Study) and committees and meets with those members during Extended Board Meetings.

The Extended Board meets with the Local Board several times a year, allowing members and Committee/Core Leaders to meet, share, update, and plan.

Tasks and Responsibilities of the Local Board

1. To help people know what their responsibilities are when they become members. This may be done in several ways, including providing guidelines, aids, meetings on formation and at the apostolic level.
2. To verify systematically the work of formation and the apostolic work done by members.
3. To establish a family spirit of unity among members of the local center and with the whole Movement.
4. To involve all members in financial responsibility, both on a local and worldwide level.
5. To prepare and bring about a clear plan for spreading the Movement and for formation that could be carried out within the local center, using all legitimate means.
6. To organize activities that, by their nature or their scope, cannot be carried out by individual members (for example, all diocesan activities or activities covering vast areas).
7. To publish a newsletter of formation, information, and items of interest to the local center.
8. To maintain the Movement's public relations with parochial and diocesan authorities and various local organizations, both religious and civil.
9. To keep open communication with the National and other regional boards.

10. To be sure that the Celebrations Common to the Three U.S. Centers are planned and celebrated. (See Section VI) The planning of the activities may be delegated to a Core Group, a committee, or to another branch of the Pro Sanctity Family. (See Section VI)
11. The Local Board gives an annual donation to the National Board at the beginning of each new apostolic year.
12. The Local Board and members of the Local Center take co-responsibility for national projects, such as publishing, conventions, representation at national and international meetings, etc.
13. Board members have particular responsibility of hospitality and mingling during Pro Sanctity gatherings. They set the tone and the style of welcome and openness to all.

The Pro Sanctity Board Prayer

Bishop William Giaquinta

*This prayer highlights the Pro Sanctity Local Board's 3 primary goals: (See Section V) **Formation, Development, and Spreading** – with respect to the Pro Sanctity Movement.*

The prayer (or something similar) should be said at every board meeting.

Let us pray,

God, Lord of heaven and earth, we adore you, we praise you, and we bless you.

We thank you for having called us to know and love and serve you, one another, and our world.

Fill us with your Spirit; help us to journey together toward the fullness of love.

Increase the number of people who desire to love you and make you loved.

Use us to enhance the Formation, Development and Spreading of the Pro Sanctity Movement.

We ask this for your glory and the holiness of all people.

Through Christ, Our Lord. Amen.

How to Run a Pro Sanctity Board Meeting

1. Begin the meeting on time with the **Pro Sanctity Board Prayer** and remind members of the theme of the year (e.g., in 2005 – 2006 ***Saints in Every Vocation***).
2. Show concern for those attending the meeting by asking what has happened in their lives since the last meeting. Without probing, ask if there is anything anyone wants to pray about – remembering always to bring everything to prayer.
3. Provide an agenda (if possible, distributed in advance of the meeting) and though you may occasionally digress, do not abandon the agenda.
4. Divide the agenda into the three main areas of responsibility of the Local Board: **Formation, Development, Spreading**
5. Always review the past and prepare for the future with these three areas in mind.
6. The first item on the agenda should include a review or report of progress made since the last meeting; this may be done in advance via e-mail reports.
7. As Bishop Giaquinta reminded us: During the meeting, give an opportunity for everyone to express his/her opinions, ideas, etc., while respectfully preventing too much time from being spent on one subject without need.
8. Again follow the advice of the Founder: Never tell anyone, “You are wrong.” There are many ways to express ourselves and many ways to accept the thoughts of others.
9. Keep in mind that the purpose of our activities is not for the activities themselves (e.g., cooking a meal for the group, planning a prayer service, preparing refreshments, cleaning up), but as a **means to holiness**.
10. Before concluding the meeting, review the conclusions reached regarding agenda items and new business, and be sure it is clear who is responsible for carrying out the tasks. The leader should delegate to committee heads, and they in turn work with and delegate to committee members.
11. Set dates for the next meeting and other planned activities.
12. End the meeting on time with a prayer or reading of passages from Scripture, Bishop Giaquinta, a Saint, Church Document, etc.
13. Please remember that at the beginning or end, the **Official Pro Sanctity Prayer** must be prayed together and the use of other prayers written by Bishop Giaquinta is highly encouraged. Prayed with others and followed by meditation, they become a means of formation!!
14. Include 15 minutes of formation time for the Board Members. The Spiritual Advisor may lead or members can take turns doing a 5-minute presentation followed by a discussion. A more complete formation can be offered through Board Formation Days and Retreats led by the Spiritual Advisor or other members of the Pro Sanctity Movement.

Event Coordinator's Check List

Liturgy

- actual liturgy planning given to liturgy committee
- prepare written program using information provided by liturgy committee
- invite greeters
- make sure pictures of Our Lady of Trust and Bishop Giaquinta are displayed at the event.
- make sure bread and wine are available if liturgy involves Mass or Communion service

Place

- determine location by asking does it provide the atmosphere desired? If not, then how can you customize to achieve? (mikes, outlets, music)
- establish specific person as contact for facility; obtain needed contact information
- handle contract, fees/payment
- is someone at facility responsible for opening/setting up? Can they be reached after hours?
- bathrooms available? And where located – announcement or sign during event??
- set up
- tear down/clean up
- access to sacristy – who will provide or do we need a key?
- access to building – times and who does it?
- kitchen accessibility – times and who does it?

Date/

- Time**
- Check date with Pro Sanctity/Oblate/parish calendar
 - Check date with Chancery contact
 - Check date with the archbishop's (bishop's) calendar through his secretary

Publicity

- prepare information
 - Include: Who is sponsoring? Who is speaking/presenting? What? Where?

When?

- Purpose? Who would be interested and why? Cost? And any additional pertinent information.
- Make sure you provide your contact information – i.e. telephone, e-mail etc. – so we can reach you. Also, include whether or not you want people contacting you with reservations/registration info and where.
- determine if you want fliers sent to members or others for event
- if yes, then determine who will make fliers and put together committee to mail or stuff PSM newsletter
- determine if you want press releases sent to media for event. If yes, then contact publicity committee with information
- at any point along this line, feel free to contact publicity committee for help
- Pro Sanctity literature for display/distribution at the event

Refreshments

- what kinds of refreshments will you serve?
 - food? Snacks? Meal(s)?

- beverages? Coffee? Juice? Water? Tea?
- is there a serving area? What needs to be done to make it functional?
- who will provide these items? Do you need volunteers to bake/prepare?
 - if yes, review volunteer list and contact
 - if purchasing, then what is budget for this?
- who will provide hospitality to guests/participants?
- do you need greeters?
- do you need someone to serve the food items, beverages or pass out materials?
- what plastic/paper products do you need?
 - cups/glasses
 - plates
 - napkins
 - forks, knives, spoons
 - garbage bags
 - paper towels
- what kitchen supplies do you need?
 - serving trays
 - sharp knives
 - serving utensils
 - bowls
 - pot holders
 - cookie sheets
 - dish cloths, towels, dishwashing liquid (or are these provided?)
 - table cloths (plastic or cloth)

Program

- determine if the event requires written material, such as a program, schedule, etc.
- determine what liturgy the program will use
- will the event need a speaker(s)
 - If yes, then
 - contact the speakers
 - negotiate fees
 - handle contract and fees within budget
- will the event include a Festival of Faith?
- what other activities should be part of the event?
- what is the intended age of the event's participants?
- does the event require an emcee?
- what will the schedule for the event be

General Supplies

- determine which of the following are needed and secure items
 - pens, pencils, paper
 - name tags
 - folders
 - candles – check with liturgy committee
 - registration list
 - scissors
 - glue
 - tape (Scotch, masking, duct)
 - markers (dry erase, washable colored, permanent)
 - dry erase board and easel

Section V

Primary Goals of the Local Board

Introduction – Your Sanctification and Mine

Section V stresses the need to first seek our own sanctification, then the sanctification of others. It gives practical ways to become more effective as individuals, as group leaders, and as part of a team. It also provides points for leading a brief formation session.

Formation, Development, and Spreading

The three primary goals or responsibilities of the Pro Sanctity Local Board are the Formation and Development of the Members and Spreading of the Movement:

Formation – Members of the Board should grow in their knowledge and love of the Movement. They should know the various ways of belonging and should prepare literature that could be used for the formation of all Pro Sanctity members.

Development – Developing a strong structure and clear organization is an essential element that keeps the Movement healthy. Membership, goals and directives need to be clear. Members of the Board are responsible for this development and must promote membership in the Movement. They help establish formation programs for new members. They encourage core groups and committees to establish leadership for retreats, adult spirituality, etc. They organize annual celebrations for members.

Spreading – Using a variety of media, members plan ways to promote the Movement in the parishes, diocese, and in the Universal Church. The Founder’s dream was that the Movement with its message of holiness would go everywhere and to everyone until all are saints, all are brothers and sisters.

Formation, Formation, Formation...

From the writings of Bishop Giaquinta

It is necessary here to say a word about Pro Sanctity Formation. The Pro Sanctity Movement cannot be judged by the activities done, to be done, or by the undertakings performed. This would reduce the Movement to an “apostolic business” whose vitality is measured by the quantity of its activities, like any other industry.

The Movement has been established primarily for the formation of consciences. Consequently, the primary goal is to provide formation deeply rooted in the doctrine of the call to holiness. Experience tells us that the urge to become involved in practical social activities is real. We must overcome this urge as a temptation and remain faithful to the more critical need – the formation of consciences. It is the specific task of the Pro Sanctity Movement to study practical ways to influence the world with the principles of Pro Sanctity Spirituality.

We want to form people to have solid and profound convictions that should be transformed in a habitual way of thinking and judging. This cannot remain pure theory, but must become a motive and principle of interior behavior that should become a way of life – a behavioral and social pattern formed according to the principles of the Gospel maximum of love. This work certainly is not easy and we must use all possible means to make it happen.

Reaching out to help others achieve sanctity should never hinder us from seeking our personal sanctification. Bishop Giaquinta clearly points out that the Movement’s credibility is measured by the degree to which Pro Sanctity members announce the call to holiness with their own lives – by the day-to-day actions of members who are individually and personally **really involved with their own call to holiness.**

Objectives for this formation of conscience are:

- (1) To live fully the commitment to a Christian life, and
- (2) to make practical the demands of spiritual life.

Consequently, it is the task of the Pro Sanctity Movement to oppose:

- (3) “Theological and Christian relativism,” or Christian minimalism, as if to say: “Salvation is sufficient” or “Holiness is the call of a few special people.”
- (4) “Moral and spiritual relativism” or minimalism that tends to present Christian life in terms of duties, with the only obligation being to avoid grave sin.

Means to effect these Pro Sanctity goals:

The Movement uses all legitimate means available, including the most modern advances in media and computer technology, in the pursuit of the Movement’s goals. It is the work of the Movement to research and update these means, so as to enhance its ability to reach out to all people regardless of their age, social status, etc.

A Committee should be established to research the means and establish channels of communication for the Pro Sanctity message.

Leadership Formation

The following list of “The Seven Habits of Highly Effective People,” by Steven Covey, is a useful tool for Board Members’ personal reflection and for sharing thoughts with each other at the beginning of every apostolic year. This should serve as a resource to help Board members overcome spiritual and apostolic minimalism. It would also be good for the members to briefly share their thoughts with the whole group.

The Seven Habits of Highly Effective People by Steven Covey

Habit 1 — Be Proactive: This habit of being proactive, or a habit of personal vision, means taking responsibility for our attitudes and actions. Take the initiative and the responsibility to make things happen.

Habit 2 — Begin with the End in Mind: This is the habit of personal leadership. Start with a clear destination to understand where you are now, where you’re going, and what you value most.

Habit 3 — Put First Things First: This is the habit of personal management. It involves organizing and managing time, events, and **yourself**. Organize and execute around priorities.

Habit 4 — Think Win-Win: This is the habit of interpersonal leadership. Win-Win is the attitude of seeking mutual benefit. Thinking begins with a commitment to explore all options until a mutually satisfactory solution is reached, or to make no deal at all.

Habit 5 — Seek First to Understand, Then to Be Understood: This is the habit of empathic communication. Understanding builds the skills of empathic listening that inspires openness and trust.

Habit 6 — Synergize: This is the habit of creative cooperation or teamwork. Synergy results from valuing differences by bringing different perspectives together in a spirit of mutual respect.

Habit 7 — Sharpen the Saw: This is the habit of self-renewal. Preserving and enhancing your greatest asset, **yourself**, by renewing the physical, spiritual, mental, and social/emotional dimensions of your nature.

Questions:

How can these points be applied: (a) to our personal life (b) to our role of leadership in the Pro Sanctity Movement?

Where do they relate to our own message of holiness?

What areas do we need to strengthen personally and as a Board?

Development

Development deals with the relationship among spirituality, wisdom, and theology of the Church and the duty of Pro Sanctity to pass these values on to future generations.

It is the specific task of the Pro Sanctity Movement to: (1) make known the doctrine of the Church regarding the Call to Holiness [*Constitution on the Church – Chapter 5*]; (2) develop and spread the theology and spirituality of this call; and (3) offer the means that help translate into “life” the universal call to the fullness of love that is holiness.

As board members and leaders, we have a duty to stand firm for what we believe by deepening the call to love, striving to live it to the fullest, learning from Christ who is the heart of holiness, sharing the message of holiness, and spreading to all the ideal of the universal call to holiness.

Bishop Giaquinta defines **spirituality** as “**theology in practice.**” But what is theology and why is it important to us in the Pro Sanctity Movement? Theologians study history, the content and context of Christian thought, and God’s revelations of Himself in order to give us a basis for understanding Catholic dogma and principles. The Church is responsible for passing these dogmas/principles on to each generation by its oral and written teachings. **We are the Church** and so have the responsibility of passing this wisdom on to our contemporaries and to future generations.

To prepare ourselves to do this, we must first learn how to integrate body, soul and spirit through: (1) silence and meditation on how God is working in our lives and how we are using our talents to reach out to others; (2) reading the Bible and other spiritual books; (3) listening to God Who speaks to us, not only through His Word, but also through everyday events and encounters.

Like spirituality, wisdom also has been defined in relation to theology and is therefore called **applied theology**. Thus, If you have learned something and do not apply what you have

learned, you have wasted your efforts. In the same manner, if you know and understand theology, but do not apply it in your daily life as a Catholic Christian, you have not satisfied an important condition of responding to your call to holiness.

Spreading

Spreading illustrates how to use “one-to-one” and “one + one” approaches in bringing Pro Sanctity to those who are not familiar with the Movement.

The only way one can begin to work with and for the Pro Sanctity Movement is to start reaching out to others on a personal level – ideally by **one to one communication** through which we share, listen, pray for, and respond to the needs of the other as Jesus would. Lead them slowly, but surely, along the way of Jesus, invite them to the spiritual and social gatherings sponsored by Pro Sanctity and encourage them to become apostles of holiness personally and within the Movement.

Pro Sanctity offers three ways of life to help bring about a world of brothers and sisters:

For Me – I try to live the specific spirituality of the Movement and form myself using the means available to me.

For You – I try to share this message of love whenever I can, to people I meet during the day; I help them to become aware of their own call to holiness by developing a **one + one** chain reaction that attracts people to Pro Sanctity who are interested in embarking on a deeper journey of faith.

For All – From the chain reaction, we also attract to the Pro Sanctity Movement people who desire to be available to work apostolically and to repeat the **one + one** operation. Continue to keep in close contact with all who accept the message so as to start them on a journey of love and Pro Sanctity Formation.

In practice we may use any and all means available to spread the call to holiness to everyone, such as the Liturgy of the Word, prayer services, catechesis, retreats, days of prayer, video-viewing, printed material, gatherings at our Pro Sanctity Centers, hospitality, family functions, discussion groups, Bible-sharing, fund-raisers, etc.

Luke 5:4,6 tells us that that the apostles had been fishing all night and caught nothing when Jesus said to Peter: “Put out into deep water and lower your nets for a catch.” When they had done this, they caught a great number of fish and their nets were tearing. This directive of the Lord so inspired Bishop Giaquinta that he took the phrase *Duc in altum* (Put out into the deep) as the motto for his coat of arms. **Like Jesus, Bishop Giaquinta urges Pro Sanctity members to be “fishers of men.” What does “Put out into the deep” mean for you personally?**

Section VI

The Pro Sanctity Family

Introduction – “For whoever does the will of my heavenly Father is my brother, and sister, and mother.” (Mt 12:50)

To follow the universal call to holiness is to do the will of the Father and thus be counted among the “family of Jesus.” To follow the universal call to holiness is also to be counted among the Pro Sanctity Family.

Section VI tells us about the members of this family and the relationships among its Ecclesial Organizations and Institutes of Consecrated Life and the special feasts they celebrate in common.

Ecclesial Organizations and Institutes of Consecrated Life Founded by Bishop Giaquinta:

(1) The Pro Sanctity Movement, an Ecclesial Organization, was founded in 1947.

The Pro Sanctity Movement is a worldwide Movement organized to promote God's universal call to holiness and to offer spiritual means to fulfill this call.

(2) The Apostolic Oblates, an Institute of Consecrated Life, was founded in 1950.

The Institute of the Apostolic Oblates is a Secular Institute for women. It is organized by three forms of membership to carry on the apostolate of holiness to everyone, everywhere, and at all times. The External and Internal Oblates are single women consecrated through vows (poverty, chastity, and obedience) and the promise of apostolate. Cooperative Oblates are Associate married members committed through the promise of apostolate and availability. The Apostolic Oblates try to be sowers of hope by assisting people in their journey toward holiness.

The Pro Sanctity Movement is the primary apostolate of the Apostolic Oblates. They are a life-time volunteers at the service of the Movement. Although they do not intend to take over the leadership of the Movement, the Oblates remain the "heart" of the Movement by sharing the spirituality they received through their specific formation as Oblates. Oblates work side-by-side with the Local P.S. Board and all the members of the Movement. The role of an Apostolic Oblate in the Movement is to help with the spiritual formation of the members, and to see to the spreading of the same Movement. It is advisable to have at least one Apostolic Oblate on the Local Pro Sanctity Board to share her passion and knowledge of the charism.

Unless she is appointed by the Pro Sanctity National Council as Local Director, the Apostolic Oblate works quietly behind the scene, taking on roles of service like any other Pro Sanctity member, giving her life and sharing her gifts for the growth and the development of the Movement, and the spreading of the universal call to holiness.

(3) The Apostolic Sodalities, an Institute for Priests, was founded in 1962.

Aware of the gift of their vocation, these priests live this gift with the greatest intensity in the spirit of the Cenacle. They strive to create a deeper bond between the Hierarchy and their brother priests. In their ministry, they emphasize holiness and fraternity as essential dimensions of every Christian life.

(4) The Social Animators, an Ecclesial Organization, was founded in 1972.

Laymen, single or married, who strive to build a new world by living personal, family, and community holiness within the Church and society. They commit themselves to the apostolate of social spirituality, social holiness, and universal brotherhood.

Celebrations Common to the Three U.S. Centers

These activities are a primary responsibility of the Local Board. (See Section IV – Specific Tasks of the Local Board)

All members should know that these are our most important dates! It would be akin to forgetting someone's birthday or anniversary to forget the importance of these celebrations!!

1. Pro Sanctity Membership/Commitment Day – Local Board chooses the most convenient date.
2. Celebration of the Universal Call to Holiness – November 1st
3. Feast of the Immaculate Heart of Our Lady of Trust – Saturday or Sunday before Ash Wednesday
4. Annual Pro Sanctity Members' Retreat
5. Founder's Day – June 15th
6. Pro Sanctity Family Celebration of Commitments – May 1st
7. Optional Celebrations of each Local Center

Section VII

Establishment

Introduction – The Charter, The Church, and The Catechism

Section VII shows how Pro Sanctity is established as a *bona fide* “public association” recognized by the Catholic Church in Canon Law and officially approved by the Vatican.

The Pro Sanctity Charter

The Pro Sanctity Charter (See Section II – Structure of the Movement) states that “Pro Sanctity is a ‘Public Association’ of lay people established for religious purposes. It is juridically recognized by the Church and its life is regulated by the Code of Canon Law.” Competent ecclesial authority alone has the right to erect associations of the Christian faithful and such associations are called public associations.

[Herein] clergy and laity together strive by common effort to promote a more perfect life or to foster public worship or Christian doctrine or exercise other apostolic works, namely to engage in efforts of evangelization, to exercise works of piety or charity and to animate the temporal order with the Christian spirit.

Papal Recognition of Pro Sanctity

On February 2, 1960, the Vatican officially recognized the Pro Sanctity Movement as a Catholic Organization that is dedicated to promoting the universal call to holiness. It is regulated by the Code of Canon Law 298:31200.

Citation on Holiness in the Catechism of the Catholic Church

Although The Catechism of the Catholic Church does not refer to the Pro Sanctity Movement as such, it speaks of the call to holiness in #2013 where it quotes from *Lumen Gentium* 40 § 2: “All Christians in any state or walk of life are called to the fullness of Christian life and to the perfection of charity. In order to reach this perfection the faithful should use the strength dealt out to them by Christ’s gift, so that...doing the will of the Father in everything, they may wholeheartedly devote themselves to the glory of God and to the service of their neighbor. Thus the holiness of the People of God will grow in fruitful abundance, as is clearly shown in the history of the Church through the lives of so many saints.”

Section VIII

Pro Sanctity Contacts Around the World

Introduction – Where We Are and How To Reach Us

This section provides the names and various methods of contact for the major Pro Sanctity Centers in the U.S.A., Italy, India, Belgium, Latvia, and Lithuania.

THE PRO SANCTITY FAMILY — USA
WWW.PROSANCTITY.ORG

6762 Western Avenue
Omaha, **NEBRASKA** 68132
tel. (402) 553-4418
fax (402) 553-1388
email: aoomaha@prosanctity.org

11002 North 204th Street
Elkhorn, **NEBRASKA** 68022
tel. (402) 289-2670
fax (402) 289-1938
email: psm@prosanctity.org

205 South Pine Drive
Fullerton, **CALIFORNIA** 92833
tel. (714) 956-1020
fax (714) 525-8948
email: apostolico@aol.com

730 East 87th Street
Brooklyn, **NEW YORK** 11236
tel. (718) 649-0324
fax (718) 272-5012
email: apostolicoblates@verizon.net

THE PRO SANCTITY FAMILY— ITALY
WWW.PROSANCITATE.ORG

Largo Arbe, 5
00141 **ROMA, ITALY**
tel. 011-39-6-87189963
fax 011-39-6-87183214
email: oblate@prosanctitate.org

Pro Sanctity International Center
Piazza S. Andrea della Valle, 3
0186 **ROMA, ITALY**
tel. 011-39-6-6861889
fax 011-39-6-6875546
email: prosanctitate@prosanctitate.org

THE PRO SANCTITY FAMILY— INDIA

Apostolic Oblates Spirituality Center
Vidyanagar, Manganam P.O.
Kottayam, **KERALA INDIA**
tel. 011-91-481-578192
fax 011-91-481-570862

THE PRO SANCTITY FAMILY— BELGIUM
www.centrehoreb.be

Centre Horeb "Hautclair"
Avenue Hamoir, 14A
1180 **BRUXELLES BELGIQUE**
tel. 011-322-374-0016
fax 011-322-374-5684
email: prosanctitate@skynet.be

THE PRO SANCTITY FAMILY—LATVIA AND LITHUANIA
www.prosanctity.org/latvia2.php

Pro Sanctity Movement
Klostera, Iela 4
LV 1050 **RIGA, LATVIA**
Tel: 371 6319789
e-mail: liliane123@hotmail.com