

**Pro Sanctity in the Central States
STATEMENT**



March Membership Madness Month

*Pro Sanctity Movement Membership Month 2007-2008
It is time to renew! Please, take a moment and fill this out!*

NAME (s) _____
Address, City, State, Zip _____

Phone _____ Parish _____

E-MAIL _____

Birthday (month and day) _____

Keep me on the E-Mail list only ___ Delete me ___
Send me Camp Fun 'N Faith 2006 Registration Form ___ Counselor Form ___

Check one please!	Pro Sanctity Movement Membership 2007-2008
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- FRIEND MEMBER** One touched by the ministry and spirituality of Pro Sanctity but cannot participate actively.
- PRAYING MEMBER** One who supports Pro Sanctity primarily through prayer.
- GENERAL MEMBER** One who supports Pro Sanctity through attendance, prayer, finances and involvement
- COMMITTED MEMBER** One who attends and organizes Pro Sanctity functions and actively promotes Pro Sanctity Movement.

I would like to help (circle one or more): *retreats liturgy family youth adult camp office development garden/maintenance mailings newsletter kitchen other (let us know) _____*

BOOKS, GIFTS, CD – Check our Web Site for the Gift Shop for more items: www.prosanctity.org

- Pro Sanctity Cookbook _____ (on sale) \$10.00
- Apostles of Holiness – Life of the Founder _____ \$7.00
- Cenacle _____ \$7.00 (**Great for Lent!**)
- Vignettes for Holiness CD \$ _____ **Donation** (recorded from KVSS 88.9)

2007-2008 Full Membership Dues. . . (Valid through March 2007)	\$35.00
Family or Single Person alone discount Membership	\$30.00
Lifetime Membership	\$1000.00
Books or CD	\$ _____
Additional Donation.	\$ _____
<i>Includes GOOD NEWS newsletter...</i> Total enclosed	\$ _____

Return this statement with your payment.
Thank you in advance for your support of our annual membership drive.
Return this form in our envelope with your tax deductible donation to us.

Please make your check payable to: Pro Sanctity Movement
Pay what you can afford - No member is ever turned away due to funds!

SEND TO: 11002 North 204th Street * Elkhorn, NE 68022

Check for updates and spread the good news:

www.prosanctity.org



Be an Apostle of Holiness: Spread the Pro Sanctity Good Newsletter

1. Send a free copy of the Newsletter to your friends.
2. Buy a Membership for a Friend!

Please send a complimentary copy of the Newsletter to:

NAME (s) _____
Address, City, State, Zip _____

Phone _____ Parish _____
E-MAIL _____
Birthday (month and day) _____

Please send a complimentary copy of the Newsletter to:

NAME (s) _____
Address, City, State, Zip _____

Phone _____ Parish _____
E-MAIL _____
Birthday (month and day) _____

Please send a complimentary copy of the Newsletter to:

NAME (s) _____
Address, City, State, Zip _____

Phone _____ Parish _____
E-MAIL _____
Birthday (month and day) _____

Please give a gift of Pro Sanctity Membership to my friend. I will include a donation with my membership:

NAME (s) _____
Address, City, State, Zip _____

Phone _____ Parish _____
E-MAIL _____
Birthday (month and day) _____

Pro Sanctity Decalogue

Bishop William Giaquinta

All Pro Sanctity Members are called to...

1. Strive for holiness.

Surround yourself with positive examples and friends working toward holiness; daily examination of conscience; look over your day in the morning so that you can be prepared and pray in particular...especially for challenges; work to build virtue.

2. Develop your prayer life.

Decide to do something; prepare and focus; really pause so that it's more than just the next thing checked off on a list; schedule prayer into your day; use time wisely - driving, moments you are waiting, etc; have the perspective you are building a relationship; be honest and consistent; have a goal or direction - but then be flexible; study the masters - the Saints; pray the whole day; ask to see God's presence in your day; pray a morning offering.

3. Foster your sacramental life.

Schedule confession regularly; find a regular confessor; receive communion frequently; be attentive and work to fully participate at Mass; renew your Baptism and Confirmation - Holy water, sign of the cross, gifts of the Spirit; pray for a "Grace of the Week"; strive to live your vocation and rely on the grace of the Sacrament.

4. Be faithful to the teaching of the Holy Father.

Read his writings; work to understand his teachings - be proactive in educating yourself; facilitate or participate in discussion groups about his writings; use his writings for meditations; pray for him and his intentions; subscribe to ZENIT.

5. Offer the Pro Sanctity Prayer daily.

Choose a certain time to pray each day so it becomes a habit; remember it throughout the day; keep as an intention in your heart the holiness of all.

6. Offer your sufferings in union with Jesus Crucified for the holiness of all persons.

Learn to unite the little sufferings of daily life to Jesus; look to Jesus as an example in suffering; choose the attitude of Christ; ask: "do I accept God's grace and Will?"; pray daily; ask the Holy Spirit for help; strive to offer all sufferings... not "wasting" any.

7. Each week offer Mass and Communion for the holiness of priests.

Cultivate in your heart a love for the priesthood; understand the identity and role of the priest; choose a particular day to offer Mass and Communion (makes it easier to become a habit).

8. Give some of your time to help the Pro Sanctity Movement carry out the apostolate of holiness.

Listen to the KVSS calendar for Pro Sanctity events to participate and help with; stop out at the retreat center to volunteer some time; invite 1 person each time you come; take time to participate in formation opportunities Pro Sanctity offers; soak yourself in the theology and spirituality of the Pro Sanctity Movement - then it bubbles out naturally; grow in holiness - it attracts others; offer ideas - come to extended board meetings.

9. Sustain the apostolate for holiness financially.

Be aware of the need; consider what you can give; offer a little sacrifice and give what you save; renew your membership; remember - what we have is God's and we are stewards.

10. Ask our Blessed Mother to help you live and spread God's call to holiness.

Develop a devotion to Our Lady of Trust; pray the Rosary; meditate on Mary's presence, particularly in the Gospels; ask for Mary's intercession; ask Mary to have a heart like hers; meditation on the virtues of Mary and strive to incorporate them into your life; entrust yourself to her care - always, but especially in times of temptation.

The Pro Sanctity Prayer - Bishop Giaquinta

RECITE DAILY

*Jesus, Divine Master, who came down from heaven
to give us the abundance of grace,
increase it within us and make it become a river
that overflows into eternal life.*

*Of your free will, you chose the agony of your passion and death,
and in the Eucharist you give yourself as food for all people:
help us understand the greatness of such an example.*

*May the fire of your love burn away the impurities of our human weakness,
and give us the strength to follow the invitation to the infinite perfection of the
Father.*

*Of faith, give us firmness; of charity, zeal; of hope, unshakable certainty.
Give us the desire to be heroic in every virtue,
and the trust to attain holiness with the help of Mary,
your mother and our mother. Amen.*